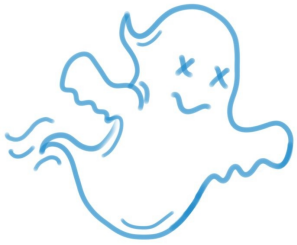
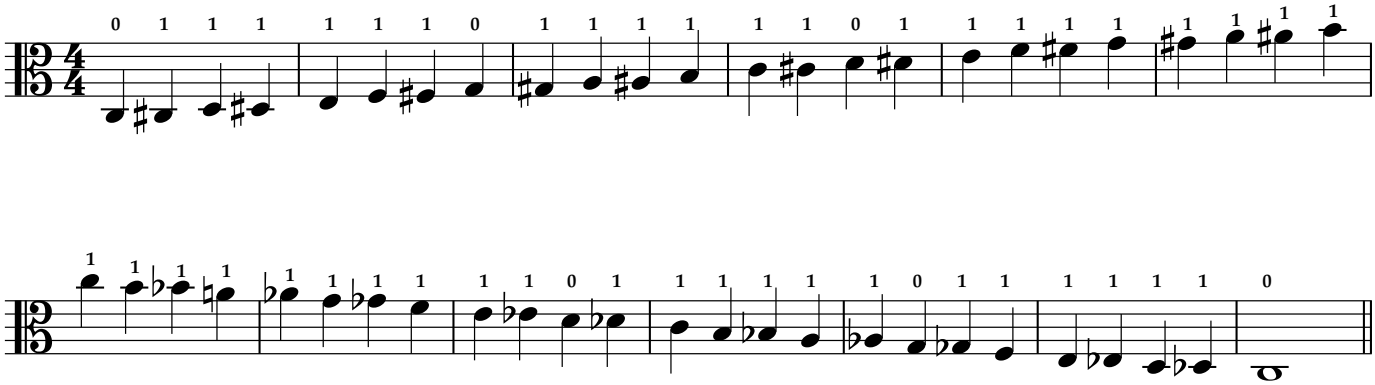
Viola
Double Stopping - Octaves

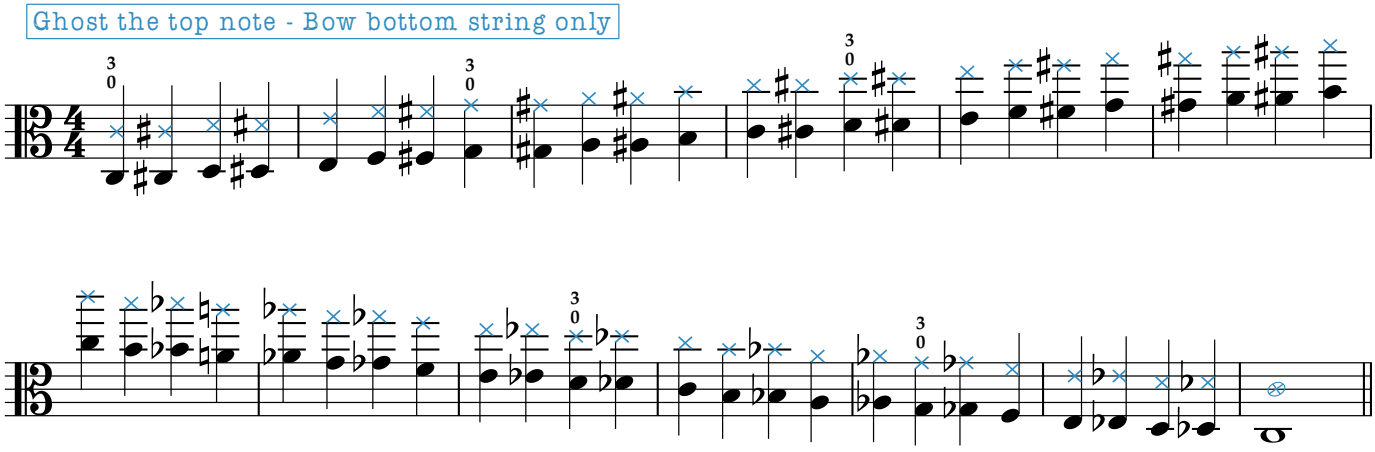
- Glide up the string lightly
- Listen carefully to the tuning
- Relax hand, especially the thumb
- No vibrato
- Try using a practice mute



Bottom notes alone

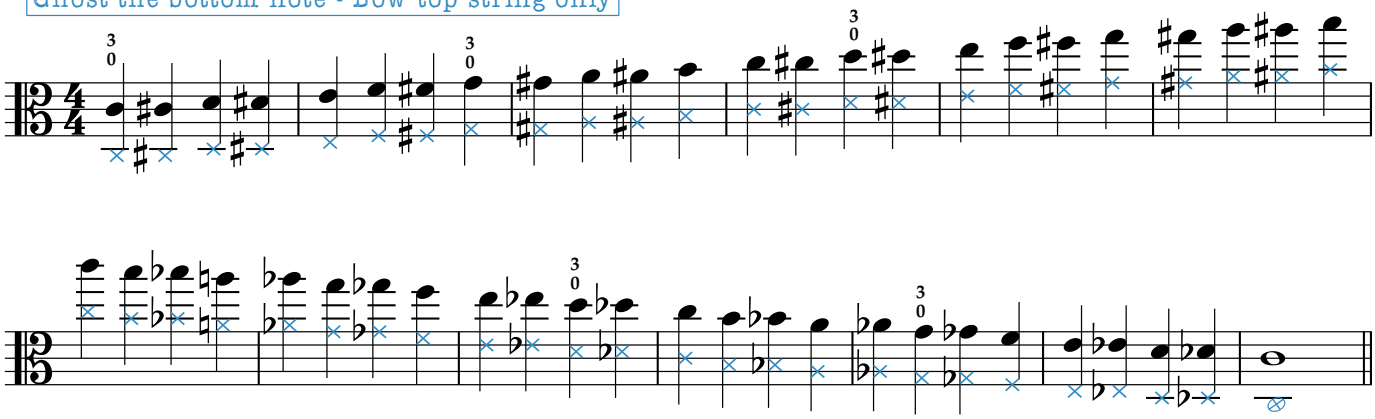


Ghost the top note - Bow bottom string only



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Ghost the bottom note - Bow top string only



Keep both fingers down for each pair



Fingers together - Bow both strings

